



Getting Ready for College

•Why This Summer Is Important•

A strong start to college is key to success. Classes are more exciting but at the same time, the work becomes more difficult and time consuming. The familiar school routine and support systems are replaced by a new environment. Academic achievement is challenging for many students in this new situation especially when combined with the draw of digital media, social connectivity and extra-curricular activities. Students' executive function skills must allow them to succeed with confidence.

Take this opportunity for your student to learn practical, innovative techniques that can improve their executive function skills with

GOSTRONG

Bootcamp



Bootcamp
3-Hour Series
Individual or Group
2 or 3 days

One-on-One Series

- Individualized instruction in the **GOSTRONG** method with consideration to your selected college
- Focus on time management and organizational methods for your particular classes, interests and activities
- Your own copy of *Write This Down: Making Your Student Planner Work for You*

Group Series

Put together your group of 3-4 students

- Instruction in the **GOSTRONG** method
- Practice using the processes in typical college situations
- Discussion of time management and organizational methods including a copy of *Write This Down: Making Your Student Planner Work for You*

Space is limited, so sign up and reserve your spot today!

For more information visit

GOSTRONG.org

REGISTER by contacting

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